

### Non Alcoholic Fatty Liver

Thank you for having your recent tests. They have shown that you have a fatty liver.

This is where there is a buildup of fatty deposits in and around the liver. This is something that can be treated with simple lifestyle changes.

There is no medication that can help this.

If you would like to see someone about this please can you call the surgery after 10am and book an appointment with Tina our Healthy Lifestyles coordinator.

She will then discuss what fatty liver is and what you can do to help reduce the fatty deposits in and around your liver.

Yours sincerely

**Wellington Medical Practice**

**Do we have your up to date contact details?**

**Please let us know if your details change to ensure that our records are correct.**