

### **Fibroids on Ultrasound Scan**

Following your recent Scan it has confirmed the diagnosis of Fibroids.

Fibroids are a non-cancerous growth that develops in or around the womb. The growths are made up of muscle and fibrous tissue and vary in size. Many women are unaware that they have fibroids because they often don't have any symptoms.

Treatment for fibroids isn't needed if they aren't causing any symptoms. If you are having symptoms from your fibroids there are some medications that can help. Fibroids will often shrink and disappear without treatment.

If you would like to discuss the treatment options for managing Fibroids please can you call the surgery and book an appointment with one of our Advanced Nurse Practitioners. They will go through the diagnosis with you and also explain what treatment is best for you.

Yours sincerely

**Wellington Medical Practice**

**Do we have your up to date contact details?  
Please let us know if your details change to ensure that our records are  
correct.**